

### Meal Prices

At this time all students may receive 1 breakfast and 1 lunch at no cost.

Milk \$0.75  
Adult \$4.90

# 2022 Evesham Lunch Menu



**Grab & Go  
Breakfast  
Cereal Kits  
with Milk  
Available Daily**

Menu questions or concerns, contact Pat Gould at [pfmapat@gmail.com](mailto:pfmapat@gmail.com)



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<sup>2</sup> <b>Turkey &amp; Cheese on a Kaiser Roll</b> Lettuce & Tomato Confetti Fries Seasoned Green Beans Chilled Pears	<sup>3</sup> <b>Tangy Tangerine Chicken</b> Fluffy Rice Steamed Broccoli Cooked Carrots Pineapple Tidbits Fortune Cookie	<sup>4</sup> <b>Cheesesteak Sandwich</b> Doritos Chilled Peaches Broccoli & Cauliflower w/Dip	<sup>5</sup> <b>Creamy Mac &amp; Cheese</b> Dinner Roll w/Butter Mixed Vegetables Chilled Peaches Pepper Sticks w/Dip	<sup>6</sup> <b>Cheesy Pizza</b> Garden Tossed Salad Chilled Pears	<b>Cal 565</b> <b>T.Fat 18.68 G</b> <b>S.Fat 6.4 G</b> <b>Chol 45.8 Mg</b> <b>Sodm 923.23 Mg</b>
<sup>9</sup> <b>Chicken Patty Sandwich</b> Sweet Potato Fries Seasoned Green Beans Chilled Mixed Fruit Cup Carrot & Celery Sticks w/Dip	<sup>10</sup> <b>Cheeseburger</b> Tasty Tater Tots Tender Corn Niblets Chilled Mixed Fruit Cup Baby Carrots w/Dip	<sup>11</sup> <b>Corn Dog Bites</b> Chips Vegetarian Baked Beans Cucumber Slices w/Dip Chilled Applesauce	<sup>12</sup> <b>Hoagie</b> Pasta Salad Baby Carrots w/Dip Orange Wedges	<sup>13</sup> <b>French Bread Pizza</b> Garden Tossed Salad Chilled Mixed Fruit Cup Pepper Sticks w/Dip	<b>Cal 666</b> <b>T.Fat 22.84 G</b> <b>S.Fat 6.2 G</b> <b>Chol 48.5 Mg</b> <b>Sodm 1189.39 Mg</b>
<sup>16</sup> <b>Egg, Sausage, &amp; Cheese on Bagel</b> Tasty Tater Tots Juice Celery Sticks w/Dip	<sup>17</sup> <b>Pepperoni Melt</b> Marinara Dipping Cup Chips Tender Corn Niblets Creamy Pudding Chilled Peaches Cucumber Slices w/Dip	<sup>18</sup> <b>Chicken Tenders</b> Side of Pasta Vegetarian Baked Beans Chilled Pears Broccoli w/Dip	<sup>19</sup> <b>Nachos w/ Beef &amp; Cheese</b> Fluffy Rice Black Beans Corn Churro Chilled Peaches Carrot & Celery Sticks w/Dip	<sup>20</sup> <b>Cheesy Pizza</b> Garden Tossed Salad Chilled Pears Broccoli & Cauliflower w/Dip	<b>Cal 674</b> <b>T.Fat 24.73 G</b> <b>S.Fat 7.0 G</b> <b>Chol 52.0 Mg</b> <b>Sodm 1009.61 Mg</b>
<sup>23</sup> <b>Chicken Nuggets</b> Sweet Potato Fries Vegetarian Baked Beans Chilled Mixed Fruit Baby Carrots w/Dip	<sup>24</sup> <b>Ham &amp; Cheese Melt on Croissant</b> Sun Chips Mixed Vegetables Chilled Peaches Broccoli w/Dip	<sup>25</sup> <b>Turkey Club Sandwich</b> Chips Chocolate Chip Cookie Chilled Pears Baby Carrots w/Dip	<sup>26</sup> <b>Chicken Parmesan Sandwich</b> Side of Spaghetti Seasoned Green Beans Jello w/topping Chilled Mixed Fruit Cucumber Slices w/Dip	<sup>27</sup> <b>Personal Pan Pizza</b> Garden Tossed Salad Chilled Peaches Pepper Sticks w/Dip	<b>Cal 627</b> <b>T.Fat 20.97 G</b> <b>S.Fat 6.5 G</b> <b>Chol 44.7 Mg</b> <b>Sodm 1194.67 Mg</b>
<sup>30</sup> <b>No School Today</b>	<sup>31</sup> <b>Popcorn Chicken</b> Dinner Roll w/Butter Fluffy Mashed Potatoes Emerald Sweet Peas Chilled Mixed Fruit Cup Baby Carrots w/Dip	<b>Daily Alternates:</b> PB&J Sandwich Cheese Sandwich Salad Platter Hot Dog	<b>DAILY OFFERINGS:</b> 1% White or Fat Free Flavored Milk, Fresh veggies w/ dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.	<b>Cal 518</b> <b>T.Fat 18.79 G</b> <b>S.Fat 4.2 G</b> <b>Chol 29.1 Mg</b> <b>Sodm 837.03 Mg</b>	



**NOTICE:** Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be announced. This may affect nutritional information for that day.

Due to a special waiver from the US Department of Agriculture, the Evesham School District is participating in the National School Lunch Program's Seamless Summer Option (SSO) to provide free meals for all students during the 2021-2022 school year. All students will be able to receive breakfast and lunch at no charge.